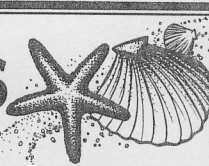


Summer Getaways

★ Lodging ★ Overnight Accommodations ★ Rentals



BIKING
AMERICA

On we go, — no butts about it

Chicago-based Jerry Soverinsky is riding coast-to-coast and documenting his trip weekly in the *Herald*.

By JERRY SOVERINSKY
SPECIAL TO THE HERALD

Ask any cyclist how his ride went, and the response almost always will be a variation of "My ass is killing me." Spending eight hours a day perched on a 10-inch rubber pad, where every road blemish courses through your body ... well, the effects can be traumatic.

Throw in 105-degree heat over nine straight days while cycling through the desolate plains and prairies of eastern Montana, and I found myself browsing the aisles of a small-town Safeway, searching for an ointment that would relieve my overworked, and over-chafed, butt.

After much deliberation, I settled on diaper rash cream. "Is this suitable for a teething 2-year-old?" I asked the checkout clerk, a 20-something woman I would never meet again, but yet who I desperately cared would not think the cream was for my personal use.

Two days later and my butt felt fine, and to ensure that my rash didn't return, I obsessively applied the thick, white zinc oxide several times daily.

I completed my first century ride the other day, a 102-mile route through sparsely populated eastern Montana, where vast stretches of stark, unshaded terrain made for incredibly long cycling days. It wasn't difficult selecting my evening motel — the sign out front said "vacancy."

Around 11 p.m., I decided that my stiff muscles could use some rejuvenation, so I headed to the motel's outdoor whirlpool. I arrived to find a festive mood: A 30-something couple from Missoula, Nora and Pat; two 19-year-old coeds from North Dakota, Stasia, Denise and Patty; a case of beer and ... whoa! A pile of underwear.

"Why so shy?" teased Patty, as I stood tentatively in my bike shorts.

"Have a beer, loosen up!" implored Denise.

I chugged a beer then lost my shorts. But to retain some semblance of modesty, I entered the pool backward.

"Ewwwww, what's that white stuff on your ass?" cried Denise.

"Ohmygod, that's diaper rash cream," cried Nora. "I use it on our twins."

Howling laughter (on their part) ensued. I dropped my beer (crash!), grabbed my shorts, and retreated shamefully back to my room.

After such humiliation, I left the tube of diaper rash cream at the motel. It's been nearly a week, and I finally can let myself laugh at the episode.

And the riding, especially as I enter North Dakota with its north-west tailwinds, has been really great. But my ass is killing me. Again.

Connecticut

STERLING

SUN RIDGE NUDIST CAMPGROUND Connecticut's newest nudist family resort located on 45 acres, tennis courts, Olympic size swimming pool, largest hot tub in New England, 131 Calvin French Rd., Sterling, CT 06377. 1-860-779-1512. www.sunridge1.com

Maine

BETHEL

THE BETHEL INN RESORT AND COUNTRY CLUB \$99 Stay, Play & dine Golf Getaways at Maine's Premier Four Season Resort. What are you waiting for? Come experience New England's Most Complete and Affordable Golf Getaway! Your package will include unlimited golf on our 6,700 yard championship course, resort accommodations, a four course candlelit dinner, hearty breakfast, heated outdoor pool, tennis, lake house and more. **Mid-Summer Special - August 26-28** Weekend Getaways from just \$109 p.p.n. Plus, get your game in shape this summer with our all-inclusive 2, 3 & 4 Day Golf School Vacations from \$529! Call Today and enjoy a cool mountain escape in the heart of historic Bethel, Maine! 800-654-0125 www.bethelinn.com

KENNEBUNK BEACH

Franciscan Guest House adjacent to St. Anthony's Monastery. On the banks of the Kennebunk River, a short stroll to Kennebunk Beach and Village of Kennebunkport. 90 min. from Boston. Outdoor salt Water Pool, Buffet breakfast included daily. May, June, Sept. Oct. rates starting at \$55/nt. do. July & Aug. rates starting at \$80/nt. do. www.franciscanguesthouse.com or call 207-967-4865.

KENNEBUNKPORT

RHUMB LINE RESORT Kennebunkport's only resort with Indoor & Outdoor Pools, Indoor & Outdoor Hot Tubs, Sauna & Fitness Center. Large rooms with CCTV, mini fridge, "Downeast Feast" Lobster Packages include 2 nghts, Poolside "Downeast Feast" Lobster Bake, Scenic Lobster Boat tour, 2 Cont. brkfst, use of all resort amenities from \$165 p.pdo. (see web for details). Rooms \$135-175/nt w/breakfast. Kids 12 & under Free. Near beaches & golf. Escape to the Maine Coast just 1.5 hrs. from Boston. www.rhumblinemaine.com 1-800-337-4862.

KENNEBUNKPORT

VILLAGE COVE INN ***Summer Season Specials. Escape to Scenic Maine and enjoy fabulous savings on all our Getaway Packages. Rates from \$129 midwk. Family Fun PKG (kids stay free) from \$169.00. See our Specials page for more details www.villagecoveinn.com or call 1-888-605-2535

KENNEBUNKPORT

INN AT GOOSEROCKS - Beat the Heat on Gooserocks Beach! A coastal family run inn only a short walk to beautiful Goose Rocks Beach. Close to artisan shops, outlets & malls. Colonial appointed rooms include private bath. Discounted summer rates! Outdoor pool & hot tub now open! Call 1-800-457-7688 or online at innatgooserocks.com

KENNEBUNKPORT

NONANTUM RESORT Enjoy the Ambiance of a Bygone Era in world famous Kennebunkport, Maine! Stay at this World-Class resort on the shores of the Kennebunk River. On the trolley route, outdoor pool, marina. Rooms from \$149-299/nt including lodging and full breakfast. 12 & under stay Free. Ask about Romance, Golf, Spa and Fall Getaway Packages. Don't miss Specials on web site. www.nonantumresort.com 1-888-205-1555

OGUNQUIT

OGUNQUIT RESORT MOTEL Indulge yourself with Affordable Luxury and Escape to Maine's Finest Beach. Giant Pool, Hot Tub, Exercise room. Enjoy our new & newly renovated spacious rooms w/CCTV, free extended HBO, Digital PPV, Mini Fridges. Some w/Fireplaces or Balconies. On the trolley route near beach and Ogunquit Village. Enjoy area Lobster, Lighthouse and Whale Watch Boat Tours, Golf and more. Rooms only \$99-219/nt w/free cont'l breakfast, free local calls and 12 & under free. Ask about One & Two Bedroom Suites. 1.5 hrs fr Boston. AAA ♦♦♦ Visit our web site for specials. www.ogunquitresort.com. Call Toll Tree: 800-892-7025.

OLD ORCHARD BEACH

OLD ORCHARD BEACH OCEANFRONT CONDOMINIUMS & CONDOTELS

See our web site or call for our July specials. www.cloutierproperties.com; Studios (sleeps 4), Jacuzzi units and 2 bedrooms all with kitchens. Have the breeze of the ocean this summer. Call 1-800-CONDO-07

Maine

SEBAGO LAKE

SEBAGO LAKE LODGE & COTTAGES: Waterfront Bed & Breakfast and Cottages directly on the shore of Sebago Lake. Free canoe, rowboat and kayak use or bring your own boat, 2 1/2 hours from Boston. Call 207-892-2698 for reservations or brochure, or visit us at: www.sebagolakeelodge.com

SEBAGO LAKE

POINT SEBAGO GOLF RESORT 775 Acre resort on Sebago Lake. All-inclusive theme Getaway pkgs incl lodging, meals, activities and more. Country Western & Craft Fair, Murder Mystery, Oktoberfest, Monte Carlo and Halloween family Getaway Specials. #1 Golf Course in Southern Maine - Golf Digest. Fall Golf Pkgs Fr \$79 p.pdo including lodging, meals and greens fees w/cart. Unlimited golf on select dates. Marina. Boat Rentals. Fishing. Tennis. Lakeview Dining. See Web site for Labor Day Weekend Specials. Only 2.5 hrs from Boston. www.pointsebagolake.com 1-800-769-9811.

WELLS, ME

SEA-VU WEST • SUMMER AT THE BEACH - Seasonal RV Sites. Park Model Packages. Starting at \$59,900. Premier RV Resort • Great Financing Rates • Tour our Park Model Homes • Turn-key Package • Choice Sites Available. Open Weekends 10am-2pm, 23 College Drive, Wells, ME. Call for Info. (207) 646-0785 or visit our website at www.sea-vuwest.com

YORK HARBOR

YORK HARBOR INN Getaway to the Maine Coast and our Historic Oceanfront Inn w/award-winning dining only 1 hour fr Boston. Many rooms w/fireplaces, spa tubs, ocean views & decks. Outdoor hot tub. Innkeepers pkgs incl 2 nights lodging, expansive cont'l breakfast each morning, dinner for 2 in our ocean-view dining room (\$60 voucher), all for only \$328-648 per couple for 2-nights. See last minute "Internet Specials" on our Web Site and Special Packages. Featured on "Great Country Inns" and "Food & Wine" Magazine. Ask about our newest luxury inn which just opened. AAA ♦♦♦ www.yorkharborinn.com Toll Free: 1-866-415-3285.

Massachusetts

BOSTON

THE CONSTITUTION INN & FITNESS CENTER is offering Spectacular Midweek Rates for a Festive Harvest Getaway. Come to Boston and enjoy the crisp, revitalizing Fall weather! Packages Includes: * Two Nights (Monday-Thursday) at \$222 (20% Discount), Double Occupancy. Subject to Availability. * A Large Cheese Pizza and a 2 Liter of Soda for 1 Night. * Discounted Parking. * Discounts to Local Eateries. 147 Newly Remodeled Guest Rooms, Meeting Rooms, Full Fitness Center, 25 Yard Pool, Sauna, Full Basketball Court. Massage by Appointment. Jump into our ongoing classes - Yoga, Aerobics, Pilates and Stability Ball. We're located just steps away from the USS Constitution, the Freedom Trail, Faneuil Hall Marketplace and the Fleet Center. Telephone/Online Reservations Only. No Other Discounts Apply. Limited Time Only. Children under 12 stay free. Excludes weekends and holidays. Rate is reserved for a two-night stay. If guest checks out after 1 night, the full market rate will apply. Deep disc. rates for military. Please call for details 800-495-9622 www.constitutioninn.org

LENOX

EASTOVER RESORT Need a Weekend Away With the Boys? Get the old gang together and we'll do the rest. Guys Weekend At Eastover Resort September 9-11, 2005. \$270.00 Per Person + Tax and Gratuities Includes Accommodation, Meals, Use of Eastover's Recreational Facilities and a Social Schedule with Indoor & Outdoor Pool, Sauna, Casino Night, Card Games Golf Tournament, Archery & Skeet Shooting, Golf Driving Range, 9 Hole Putting Green, Home Run Derby, Horseshoe, Bocce & 9 Ball Tournament, Miniature Buffalo Racing Awards Banquet. Rate does not include greens fees. For more information or to reserve your space call 1-800-822-2386 or check us out on the web www.eastover.com.

LENOX

EASTOVER RESORT Party Weekend in the Berkshires - End Your Summer With A Bang - At Eastover Resort. Eastover has had it going on since 1947. Come find out what you've been missing. This 600 Acre Recreational Resort is just 2 hours from Boston. Eastover is BYO so no expensive bar tabs at the end of your stay. Pack your bags, fill the cooler, get in your car and go - we'll provide plenty of cups, ice, soda and juices. Live entertainment including bands and/or DJ each afternoon and evening plus special guest on Guitar and Vocals - Charlottesville's own Mike Marsden. Indoor & Outdoor Swimming Pools, Golf Driving Range, skeet Shooting, Archery, Sand Volley Ball Tournament, Scavenger Hunt, Dating Game, Bear Olympics. This is a party weekend for singles age 21+. Eastover aims to keep the male, female ratio 50/50. Generally reservations for men book up quickly so guys don't wait - book now and ladies what are you waiting for - Eastover is where the boys are this summer. \$300.00 per person includes 3 nights accommodation, meals, entertainment and use of facilities. For a Good Time Call 800-VACA-FUN or check us out on the web at www.eastover.com.

NANTASKET BEACH

THE CLARION NANTASKET BEACH HOTEL AND CONFERENCE CENTER It's not too late for a summer vacation, take a break before the kids go back to school with our 3, 4 and 5 day summer packages, available Sunday-Thursday. Sparkling water views with every stay, enjoy a boundless ocean scene while you lounge on the sea shell scattered shores. Here along the Clarion shoreline, you can indulge in a soothing whirlpool in your room or a swim in the sun-dappled indoor/outdoor pool. Pure bliss is free with every visit. Located just 21 miles south of Boston, and filled with luxurious amenities like HTD INDR pool, hot tub/full service health club, Rafael's ocean front restaurant and lounge, and rms with triple balcony view and whirlpools. 781-925-4500 www.nantasketbeachhotel.com. Reservations must be made prior to arrival, restrictions do apply call for details.

TO ADVERTISE IN THIS GUIDE PLEASE CALL LAURIE AT

617-423-4545, X6383, OR EMAIL:

lkluise@bostonherald.com

PLAN YOUR GETAWAY TODAY!

If you would like information sent to you from any of the lodgings in this guide, simply place an 'x' in the square at the start of participating advertiser listings and forward this page, including this form to:

Vacation Getaways Coupon
c/o Classified Department Boston Herald
PO Box 55843 Boston, MA 02205-5843
Coupon expires August 31, 2005

Please mail above information requests to:
NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

Daytime Phone () _____

Evening Phone () _____